



THE LEGEND

Newsletter of the Kinderhook Elks



March 2021

To my Kinderhook Elks Family,

Please let me take a moment to thank everyone for their support, their friendship, and all the help that has been shown to me over the past two years as I held the position of Exalted Ruler. I'd like to say the time flew by, which it did for year one.

Covid year was such a struggle!! but we kept our name out there we never stopped being there for our community and each other. We have lost so much this past year, not only friends and family members but some of the freedoms we all took for granted. Hopefully things will slowly get back to a semi-normal way of life if Covid has taught us anything it is not to take the small things for granted. Love one another let them know you care, forgive and forget, life is too short.

The Lodge needs you!! We are in need of officers, and people to help move the Lodge forward. Please step up and help. New ideas and new blood is always appreciated.

Spring is coming. Larry is taking donations for the Easter Bunny drive thru again. The kids loved it last year. We made and distributed almost 300 bags of candy. It was uplifting to see their smiling faces.

Thank you for everything you do for the Lodge and the community we serve.

Anne Marie Leiser ER

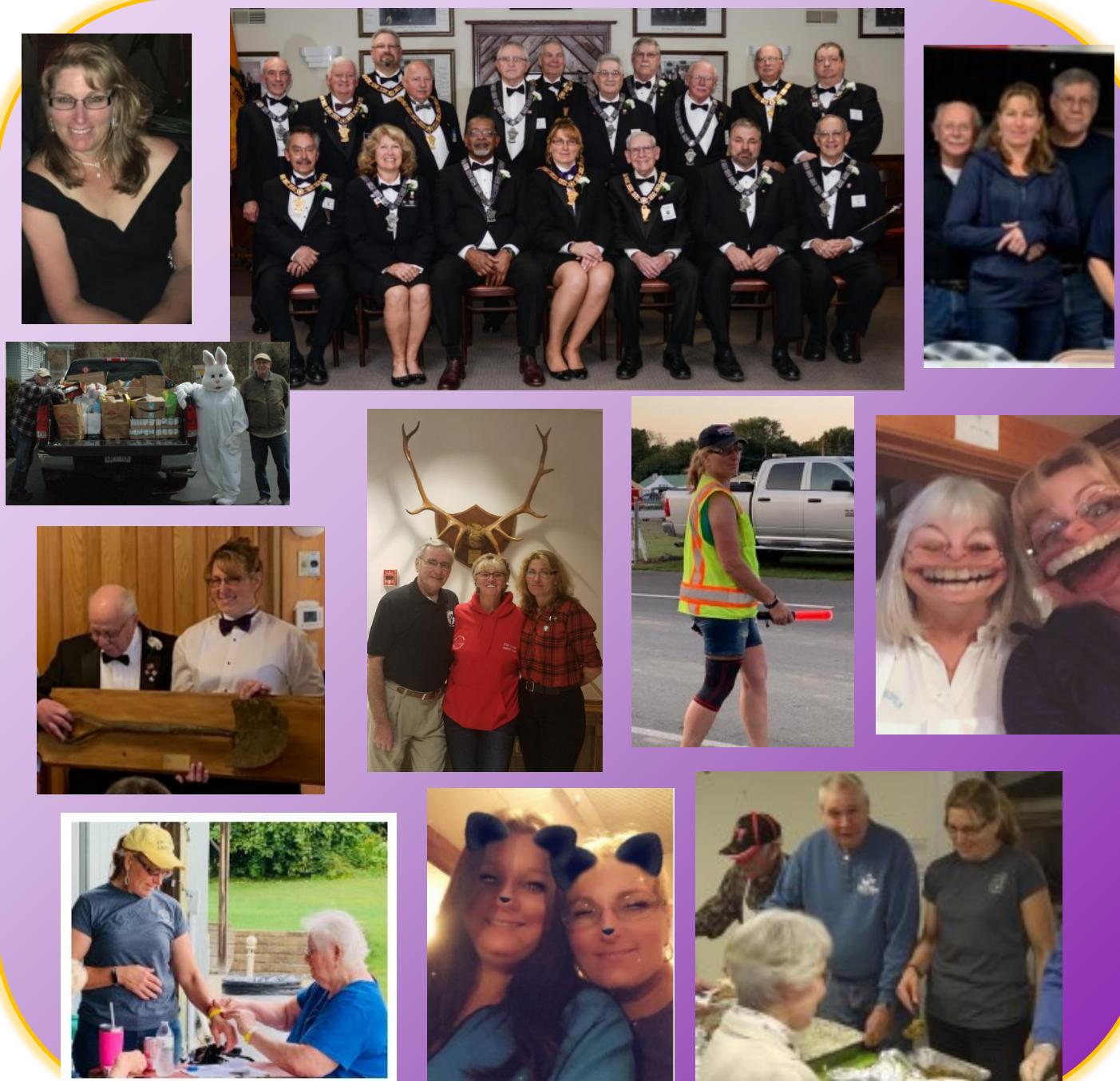
Every month is an opportunity to discover something or make a decision that will change your life forever. Don't miss it! Do whatever you have to do to make your life as exciting as possible. Happy new month!



Antlers Up!

ER Anne, thank you for all your hard work and dedication to our lodge the last 2 years as our Exalted Ruler. We appreciate the sacrifices you made for the lodge and all us members.

ER Anne spent hours phone calling to bring in events, working on Marian Stegman, working alongside with the members during events, coming up with fundraising ideas, cleaning the lodge to ensure members stayed healthy when Covid first broke out, and bartending. The most heartfelt moment is seeing you make hours of phone calls reaching out to everyone when COVID-19 hit checking on their wellbeing few times last year. In all that she has done for the lodge, these are just a few things to mention. We truly appreciate you.



UPCOMING EVENTS

Save the Event Dates..... (see flyers in newsletter for all events)

Sunday's in March - Dave's Dogs & Wings 4p - 6:30p

Fish Fry **Friday's** - Every Friday until April 2nd

St. Patrick's Day Dinner - March 17th 5p-7p

Chicken Pot Pie Dinner - March 24th 5p-7p

Easter Bunny Drive Thru - April 3rd 9a—12p

Pot Roast Dinner - April 24th 5p-7p

Friday's Queen of Hearts drawing at 7p

Upcoming Lodge Meetings.... Please join us.

Member Meeting - March 8th & 22th at 7:30pm

Board of Directors Meeting - March 15th at 7:30pm



North Hudson District #6260 2021 Calendar of Events



4/17/2021 DD Clinic

July 4th thru 7th 157th National Convention Tampa FL



To All Members

Now that 2020 is finally over, it's time to start thinking about 2021. I am happy to report that 21-22 dues and assessments will remain the same. If you are still delinquent for 20-21 you'll be receiving a double billing in early February stating what you owe. Hopefully, the few delinquents still out there will realize what they will be forfeiting if they choose to drop out.

Time

To Pay

Your

Dues

I know some of you will say "I never go to the lodge" or "never partake in the events" but you need to realize that by just paying your dues you help support all the community and local efforts we are involved in. Please consider remaining an Elk and pay your dues when called upon.

Thanks from the Office of the Secretary.



Connect with the Veterans Crisis Line to reach **caring, qualified responders** with the Department of Veterans Affairs. Many of them are Veterans themselves.

Happy Birthday

To all our members born in March! We hope your special day will bring you lots of happiness, love and fun.

Don't count the candles, just enjoy the glow!

Wishing you a day filled with happiness and a year filled with joy.



Kinderhook Elks FISH FRY Friday's

Fish Fry, Mac Salad & Slaw

\$9.00 Take Out Only

Add Fries for \$2.00

Every Friday between

2/19 thru 4/2

4:30pm - 6:30pm

Dinner must be ordered NO Later than Wednesday before.

Stop in the Lodge between our hours of operation between 4p to 7p to purchase your dinner tickets in the lounge.

You may also call ER Anne to place order at 518-758-2196.



DAVID H RIVENBURGH

Insurance

1870 ROUTE 9H

HUDSON, NY 12534

518-828-5700

518-828-4145

Professional insurance agent



John E Van Buren (Jack)

Karen Van Buren

Licensed Real Estate Associate Broker

Blake, REALTORS

6 Hudson St, PO Box 343

Kinderhook, NY 12106

Cell: 518-755-0283

Office: 518-758-1300

jvanburen@bhhsblake.com



Donald Irving Arnold

OCTOBER 5, 1937 – FEBRUARY 9, 2021

Donald I. Arnold, 83 of Hutchinson Island, Florida passed away suddenly on February 9, 2021. He was the loving Husband to predeceased Eileen Arnold of 47 years, and beloved Father to Lynn Arnold of Ghent NY, Teresa Arnold of Clifton Park NY and Debora Arnold of West Palm Beach, Florida; Grandfather to Hailee Kuhner of Clifton Park NY, Dustin Kuhner of Valatie NY, and Great Grandfather to Londyn Griffin also of Clifton Park NY.

For those who knew Don he was a devoted family man, a loyal and dependable friend to many in NY and in Florida, a patriot having served 4 years in the Air Force, a generous volunteer of the Kinderhook Elks Club for over 25 years and an avid golfer; having had a “hole in one” on the 7th hole of the Saints golf course in Port St Lucie in 2007!

Quick to lend a hand when a friend, coworker or family member was in need, Don could always be counted on. He had a great smile, a gregarious nature and a distinct and contagious laugh. Everyone knew when Don Arnold was in the house!

He appreciated and encouraged community. Whether it was his brotherhood during his decades of service to Niagara Mohawk Power Co, his volunteering alongside his brothers and sisters at the Kinderhook Elks Club, or through his many acts of kindness towards his neighbors in “The Park” on Hutchinson Island or in the communities of Port St. Lucie; he was always “present” and enjoyed being part of something!

Don was of that generation that valued work (a company man for 36 years), respected women (chivalrous), the kind of guy who understood the significance of a handshake; and the value of “his word”.

Although a modest/simple man, he instilled in all who knew him the value of fellowship, hard work, volunteerism, honesty, and most of all integrity. And yet with all of these qualities he still knew how to kick back (usually with a beer), enjoy himself and others! He will be missed...

In lieu of flowers friends/family can donate to: The Kinderhook Elks Scholarship Fund: 2790 Rt 9H, Kinderhook NY 12106, The Port St Lucie Humane Society: 8890 Glades Cut Off Rd, Port St. Lucie Florida 34986, or The Trees Remember <https://thetreesremember.com/memorial-trees/>

Memorial Service will be held March 14, 2021 11am at the St Lucie Elks Lodge 2290 SE Lennard Rd, Port St. Lucie, FL 34952

Friday Fish Fry Kick Off



Kinderhook Elks

Easter Bunny Drive Thru



Saturday, April 3rd 9a - 12p

2750 State Route 9H Kinderhook
We will be having a "Drive thru" to
see the Easter Bunny.

Just drive-thru the lodge parking lot
and wave.
You will be handled a treat bag.

Minimal exposure, no one is getting
out of the car while keeping the
Easter spirit in kids hearts.



Thoughts Wanted...

Would you participate in events over zoom? If so,

- What would you like to do?
- Would you like a Zumba class?
- Would you like a cooking class?
- Would you like a children's reading time?

Send your feedback to 33frogsinatree@gmail.com or see Tammy McDermott and let's try to get people more active.



- ♦ On May 9, 1961, the Grand Lodge Session created the "Americanism Committee."
- ♦ At the Grand Lodge Session of 1946, the word "God" replaced the words "a believer in the existence of a Supreme Being."
- ♦ In 1952, the Elks discontinued the use of a blindfold during the Initiation Ritual,
- ♦ In 1896 the American Flag was added to the B.P.O.E. altar arrangement.
- ♦ On July 5, 1903, the present Elks emblem was adopted.
- ♦ The scientific name for elk is *Cervus canadensis*.

The Elk Colors

The Elk colors are Royal Purple and White, a combination deriving its origin from the history of the clergy, nobility and the people. Throughout Europe, the Orient and in Rome, the symbolism of colors was associated with severity of laws and customs.

Each color in each pattern was identified religious, or political, and to change or alter it was a crime of rebellion, a desertion of principles, party or cause. White denotes purity and absolute truth. When combined with Royal Purple it signifies the love of truth and the highest degree of virtue.

Purple is the badge of Kingship, the color for the robes of Emperors and High Priests, and signifies highest favor. Blending of White and Royal Purple indicates the favor of the people, which bespeaks the status of Elkdom.

* From "An Authentic History of the Benevolent and Protective Order of Elks," by Charles Edward Ellis.

WILL YOU...



60/40 Progressive Live Raffle

A drawn ticket will always be a winner Drawing Every Friday at 7pm.

You do not need to be an Elks member to play the game.

Proceeds benefit our community. Tickets available each night between 4p—7p in the lounge or call/text Tammy at 518-704-1866.

We will broadcast the drawing via Zoom for any tickets purchased over the phone.



Thom McDermott

Repairs & Remodeling

518.776.9000

Thom323@gmail.com

Facebook - McDermott Repairs & Remodeling

MAPLE LANE NURSERY

Growers of quality Trees, Shrubs and Perennials

3025 U.S. 9, Valatie, NY 12184

(518) 758-7677

info@maplelanenursery.net

Kinderhook Elks

ST. PATRICK'S DAY DINNER

TAKE OUT ONLY

Pre-Sale - Dinner must be ordered
NO Later than March 14th.

Stop in the Lodge between our
hours of operation between 4p to
7p to purchase your dinner tickets
in the lounge. You may also call ER
Anne to place order at
518-758-2196.

Corwed beef
Potatoes
Cabbage
Carrots
Roll
Dessert

5-7pm
\$17.00 pp

March 17th



The rainbow was on your
property, Mr. O'Toole, so
technically, you are responsible
for claiming the gold as
personal income.



Bartenders Needed

Dave is looking for members who are willing to bartend. The customers are amazing. Job is easy.

No experience necessary.

You will have the best boss (Dave). Someone is always willing to help you.

Give it a try. Call Dave at 518-669-0155.

**Kinderhook Elks
POT ROAST DINNER**

**April 24th 5p - 7p \$15.00
Take Out Only**

Pot Roast
Red Potatoes
Gravy
Carrots
Sweet Sour Red Cabbage
Dessert

Pre-Sale Only - Dinner must be ordered NO Later than April 21st.

Stop in the Lodge between our hours of operation between 4p to 7p to purchase your dinner tickets in the lounge. You may also call ER Anne to place order at 518-758-2196.



**Kinderhook Elks
Virtual FAMILY SCAVENGER HUNT**

**Join the party, mate!
It's going to be fun!**

**April 10, 2021
Starting at 10a to 12p**

**Everyone will be emailed the treasure items at 9:55a and off you go to take photos.
Once you are complete with your list, email the photos to 33frogsinatree@gmail.com.**

**RSVP No Later than April 8th to the email above.
1 family will win this event**



Made with Eventbrite Mail.com



Kinderhook Transmission

- 2 WHEEL / 4 WHEEL & FRONT WHEEL DRIVE
- FLUID CHANGES & ADJUSTMENTS
- DIAGNOSTIC TROUBLESHOOTING

3465 Rt. 9
Valatie, NY 12184



**DeBrino
Caulking Associates, Inc.**

**1304 Route 9
Castleton, NY 12033
Www.debrino.com**

**Lewis P. Houghtaling III, President
518-732-7234
518365-1223
Iphoughtaling@debrino.com**

KRW AUTO SERVICES

Specializing in Foreign Engines & Restoration

2326 State Route 9H
Kinderhook, NY 12106
518-758-1653

Tuesday thru Saturday
7a - 5:30p



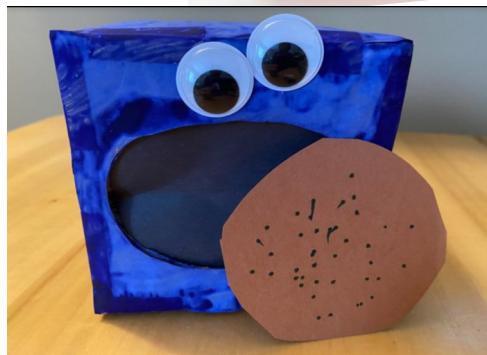
DIY Tissue Box Monsters

Contest Results

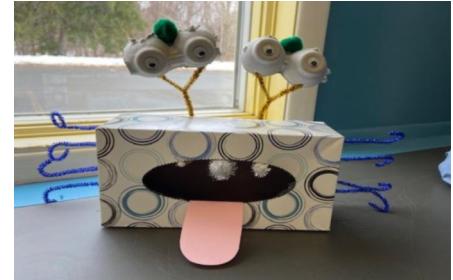


Ava Alessi

**1st
PLA
CE**



2nd Place Owen Patterson



Mrs. Winter's Class 3rd Place

Look at these fabulous masterpieces. These kids are truly gifted.

We held a tissue box monster contest. We wanted to see how creative our community kids can get. It was hard to decide who should win because really they were all just marvelous. So **EVERYONE** wins.

1st place - Ava Alessi 2nd place - Owen Patterson 3rd place - Mrs. Winters Class

Honorable mentions go out to Mickey McIntosh, Sierra Sundwall, Jackson Winnie, and Willie Xedis

Congratulations to all the kids. Remarkable work!! Thank you for participating.



Grand Lodge News

GRAND LODGE GOVERNMENT RELATIONS COMMITTEE

Let's unite and help those in need

By GLENN E. FOSTER

Committee Member

Last year was quite the contentious year. Wouldn't it be great if every American would have to abide by our membership obligation, "I will not permit any political..." If this rule was followed by everyone, imagine how great this country could be. Whatever your thoughts and beliefs are, this author hopes we can all get along for the common good, and that we can continue to live by the US Constitution, as written and approved by our founding fathers long ago.

With the pandemic continuing to wreak havoc on everyone around the world, we as Elks must not forget our goals to help our communities. An increasing number of people need assistance. I am sure many Lodges are struggling but we must not forget why we joined our Order. I hope one reason was to help our communities—not just because the Local Lodge has good food and good prices. Fundraising should be a key activity for

any Lodge, both to keep the doors open and for the good of the community.

This Lodge year is almost over. We must not forget to report all of our charitable giving. I am sure the donation numbers will be lower with many activities having been canceled.

If your state allows functions to be held, why not plan a St. Patrick's Day event at your Lodge, with all proceeds going to your State Association's major project. I am sure the funds raised will be greatly appreciated.

Also, now more than ever, we should count everything every Lodge has done: all volunteer work, miles driven, dollars given, hours worked, from both Members and non-Members. The value of any and all items donated should also be reported.

To the outgoing Lodge Officers, a big thank you for your year of service and dedication. For the incoming Lodge Officers, good luck, and thank you for stepping up. Hopefully the year ahead will be smoother sailing than the previous one. May God Bless America.



DRUG AWARENESS PROGRAM

Useful apps help with issues including stress, vaping

By WILLIAM J. BRYAN

Assistant National Director

Although Elks range in age from 21 to triple digits, many of us who are technically challenged haven't quite mastered the cell phone. Phones can be a nuisance — such as at family gatherings, where everyone is staring at their phones and not socializing — but also beneficial. Did you know that you can use your phone to stay healthy?

There are apps to help you start and keep up healthy habits, like exercising and eating a balanced diet. Other apps are intended to assist with avoiding or quitting unhealthy habits, like smoking or using other drugs.

Here's just a sample of the health-oriented apps and online programs out there. All of these are endorsed by the Elks Drug Awareness Program, and they are all free.

Reducing stress

Breathe2Relax—The U.S. military designed this app, which offers breathing exercises that have been shown to reduce stress and help with managing anger and anxiety.

Stopping vaping

This Is Quitting—The Truth Initiative's text messaging program helps young people (ages 13 to 24) quit vaping. The program is tailored based on age.

Addressing bullying

KnowBullying—This one, from the Substance Abuse and Mental Health Services Administration, has resources for parents and caregivers who want to help build their children's confidence and discuss effective strategies for facing bullying.

The next time you see someone staring at their cell phone, oblivious to their surroundings, maybe they're just seeking to reduce the stress in their life... let's hope so!



Come on down to see us, place your order, visit with friends while you wait to take your meal home.

If you wish to just grab and go, please call Dave at 518-669-0155 and he will be happy to have your order ready for pick up.

Gently Used Items

We are giving this suggestion a try.

This is intended to be a place where people discover, buy, and sell items. Sales of Certain items are not allowed.

Email 33frogsinatree@gmail.com if you wish to place an ad.



I KNOW THE VOICES IN
MY HEAD
AREN'T REAL
BUT
SOMETIMES
THEIR IDEAS
ARE JUST
ABSOLUTELY
AWESOME!



NEVER IRON A
FOUR-LEAF CLOVER,
BECAUSE YOU
DON'T WANT TO PRESS
YOUR LUCK.



F. H. STICKLES & SON INC
WASHED SAND & GRAVEL
READY MIXED CONCRETE
OVER 70 YEARS QUALITY SERVICE

P.O. BOX 600
LIVINGSTON, NY 12541

TEL (518) 851-9048 OR (518) 537-4705
FAX (518) 537-5157

TODD STICKLES

CPAkers
RENOVATION SPECIALIST

518.784.2400
call 518.858.7134
fax 518.784.2306
akers@cpakers.com

ADDITIONS, PORCHES & DECKS
WINDOW REPLACEMENTS
DOOR REPLACEMENTS
KITCHENS & BATHROOMS
CUSTOM CERAMIC TILE
CUSTOM STAIRS

237 STATE FARM ROAD
VALATIE, NY 12184-5112

Christopher P. Akers

Becoming a Member of Kinderhook Elks

To be eligible for membership in the Benevolent and Protective Order of Elks, you must be a citizen of the United States over the age of 21 who believes in God.

You can be sponsored by any member in good standing. You'll also need two other Elks who will be your references. The Elk who proposes you for membership will provide you with a copy of the Membership Application, or will email you a link to the online version of the form. Please follow all instructions and answer all questions. If applying via hard copy, please return your completed application to the Lodge Secretary.

Your application will be read at a regular Lodge meeting. It will then be forwarded to the Investigating Committee, who will call you and set up a time for you and your sponsor to meet with the committee so that they can interview you.

After the interview is concluded, the committee will report to the Lodge concerning your membership. The members will be given a notice not less than 10 days nor more than two months before the vote will be taken.

When the vote is concluded, you will be notified and asked to present yourself for indoctrination. During indoctrination, you will learn more about the Order's programs and charities. You will also be told the date of your initiation.

After initiation as an Elk, you can take part in all meetings and social functions of the Lodge.

If for any reason your application is rejected, you can submit a new application for membership after six months from the date of rejection.

If you have questions feel free to email us at: editor@kinderhookelks.org



Excavation

Driveway install & Repair

Snow plowing:
Commercial & residential

Stone & mulch delivery

JARED O'NEIL Fully Insured
518.858.2155 oneil_jared@yahoo.com

The comfort of radiant heat makes winter bearable.

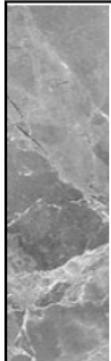


Willow Tree Angels~Flags~Jewelry~Woodstock Chimes~
Jim Shore Angels~LANG~Yankee Candles~Cards~W.W.II

The **CrossEyed Owl**
GIFT SHOP

Military & Sports Décor~Heritage Lace~Home Décor & More
3143 Route 9 Suite 8 Valatie, NY 12184
518.758.6755
www.crosseyedowl.com





Baker's Autobody, Inc.

James L. Baker, Jr., President
2096 Route 203
Chatham, NY 12037
518-392-5499

BAKERSAUTODYINCNY@GMAIL.COM

Care & Craftsmanship in All our Work
Complete Collision Service Since 1990

I'D RATHER BE RACING

Z-1 RACING SUPPLIES

Ghent, NY

518.828.7014

FIX FAMILY ENTERPRISES, LTD.

Septic Pumping * Inspections* Propump
Dealer * Residential * Commercial *
Grease Traps
Bob Fix, Owner
347 State Farm Rd, Valatie, NY 12184
518-784-2781

*French, Gifford, Preiter
&
Blasl*

Funeral Home

25 Railroad Avenue • Chatham, New York 12037

518-392-2811

E-mail: blasl funeral home@aol.com www.frenchblasl.com

"Serving Every Family As Our Own"

Michael Blasl, Director

Est. 1864

Great Lengths

Unisex Hair Salon

2 Chatham St
Kinderhook, NY 12106
(518) 610-0776
Tuesday's: 12 pm - 8 pm,
Wednesday's: 9 am - 2 pm,
Thursday's: 10 am - 8 pm,
Friday's: 9 am - 6 pm
(Fridays only til 6pm by appointment only)



<http://hairsalongreatlengths.com>



Eat In or Take Out 518.477.5353



Ghent Wood Products, Inc.

1262 Rte. 66 • Ghent, NY 12075
Rough Cut & Finished Softwoods • Custom Cut Beams
Flooring & Paneling • Organic Bark Mulch (regular & re-ground)
518.828.5684 • ghentwoodproducts.com

Meltz Lumber Co. of Mellenville, Inc.

483 Route 217 • Hudson, NY 12534
Logging & Landclearing • Hardwood Dealer
518.672.7021 • www.meltzlumber.com

Jeff Meltz • Vice President

jeff@meltzlumber.com



**HEIM FUEL
SERVICES INC**
**4030 Chatham Street
(Route 203)**
Valatie, NY 12184
(518) 784-5136
heimfuelservice.com

Phone Numbers

Lodge: 518 758-2530
Office: 518 758-2538
Emergency: 518 755-0344
Fax: 518 758-1771 (Lodge)

Mailing Address

Kinderhook Elks Lodge No. 2530
PO Box 514
2750 State Route 9H

2020 - 2021

518 area code unless noted

Officers

Exalted Ruler: Anne Leiser 929-6174
Esteemed Leading Knight: Frank Masten 755-5965
Esteemed Loyal Knight: Tammy McDermott 704-1866
Esteemed Lecturing Knight: Steve Everett 908-392-6318
Esquire: John Deane 758-7051
Chaplain: Sharon Deck 784-3482
Inner Guard: Jeannie Engel 653-3906
Tiler: Larry Knott 758-7618
Treasurer: Joe Laviano, PER 758-1741
Secretary: Jerry Shook, PSP 828-5749
Organist: John Deane 758-7051



Practice the virtues of Charity, Justice and
Brotherly Love, and with Fidelity to perform
the duties of the office .

Board of Directors

Trustee – Ben Lasher (Chairman) 784-2032
Trustee – John Sundwall Jr. 518-784-3600
Trustee – Robin Howes 392-3578
Trustee – Tom Miglio 392-8560
Trustee – Chris Akers PER 858-7134
Exalted Ruler: Anne Leiser 929-6174
Esteemed Leading Knight: Frank Masten 755-5965
Esteemed Loyal Knight: Tammy McDermott 704-1866
Esteemed Lecturing Knight: Steve Everett 908-392-6318

House Committee:

Dave Travis (Chair) 794-8427
Sharon Deck 784-3482
Chuck Cotsonas PER 821-2367
John Piddock PER 758-2842 -
Tammy McDermott 704-1866

Newsletter of the Kinderhook Elks Lodge #2530

Newsletter Articles: Must be submitted by the 20th of the month before the next edition;
Email us at editor@kinderhookelks.org

The Legend is published 12 times a year by:

Kinderhook Lodge #2530, P O Box 514, Kinderhook, NY 12106

Newsletter Committee: Tammy McDermott, Jean Engel, Gordy Engel, George Barilics,
Chris Bellingham, and Bill Cooper

Advertising/Circulation: Jerry Shook

Website: www.kinderhookelks.org **Email us at:** editor@kinderhookelks.org

Facebook: Find us at "[Kinderhook Elks Lodge #2530](#)".