



# THE LEGEND



## Newsletter of the Kinderhook Elks



February 2021

To my Kinderhook Lodge Family,

Can you believe it's February. The Lodge will be doing Fish Fry Fridays starting this month and going thru until Good Friday. Miss the Lodge? Miss the interaction with your Lodge family? There are 7 Fridays you can come help either in the kitchen or by purchasing the meals. These are basically our bill payers at the moment. CDC guidelines and COVID concerns have tightened the belt a bit.

There are many members that are unwell, not only with health issues but mentally. Reach out to your friends, and if you get the response "Wow! I was going to put your face on a milk carton" just remember you reached out. Friendships and relationships are a two-way street, if you want people to care for you need to care for them. This virus has been the focus of the world for almost a year. We live a different life causing each of us to pull back, not because we don't care, but because we do. We don't know who has it or who doesn't. The fear and worry is very stressful. Take the precautions but please don't lock yourself away, reach out with phone calls, zoom visits, FaceTime, hey keep me even busier, write a letter to someone or send a card let them know you're thinking of them.

This month is nominations of officers, interested? write your name on the sign-up list in the lounge. There are people who will help you throughout the process. I can tell you that there are many who have stood by me, supported me, reminded me of things that need to be done and even have done them for me. You are never alone in your endeavor. Please help the Lodge move forward, step out of your comfort zone, and just do your best, the only failure is the lack of trying.

We are working on another drive-thru Easter bunny event. Hard to believe that we have to do this again. It was a tremendous success last time, and not that I want to get good at this but let's do this for the kids and our community. Jeannie already fixed the hands and feet of the bunny, so we are good to go on that front and Larry as always has stepped up to the plate to work on getting donations for the event. If you want to help, reach out. I know when it's time to ask for help we all go to the usual sources because they are always willing help, but if you want to help please call an officer or talk to us, believe me we are always grateful for the help and the camaraderie. You will not regret it.

Everyone have a wonderful Valentine's Day. Stay healthy.

Thank you for everything you do for the Lodge and the community we serve.

Anne Leiser ER

## Save the Event Dates..... (see flyers in newsletter for all events)



Each Sunday in February - Dave's Dogs & Wings 4p - 6:30p

Blood Drive - February 15th 2021 1p to 7p. Appointments are strongly encouraged.  
Sign up online with the Red Cross Website.

Fish Fry **Friday's** - February 19th thru April 2nd 4:30p to 6:30p

St. Patrick's Day Dinner - March 17th 5p to 7pm

Chicken Pot Pie Dinner - March 27th 5p to 7p

Pot Roast Dinner - April 24th 5p to 7p

## Upcoming Lodge Meetings.... Please join us.

Member Meeting - February 8th & 22th at 7:30pm

Board of Directors Meeting - February 15th at 7:30pm



## North Hudson District #6260 2021 Calendar of Events



4/17/2021 DD Clinic

July 4th thru 7th 157th National Convention Tampa FL



## To All Members

Now that 2020 is finally over, it's time to start thinking about 2021. I am happy to report that 21-22 dues and assessments will remain the same. If you are still delinquent for 20-21 you'll be receiving a double billing in early February stating what you owe. Hopefully, the few delinquents still out there will realize what they will be forfeiting if they choose to drop out.

## Your Membership Matters

I know some of you will say "I never go to the lodge" or "never partake in the events" but you need to realize that by just paying your dues you help support all the community and local efforts we are involved in. Please consider remaining an Elk and pay your dues when called upon.

Thanks from the Office of the Secretary.

## 2021-2022 Lodge Year Nominations

The New Year is fast approaching and we are in need of officers for the 2021-2022 Lodge year. Nominations are the first meeting in February.

So please if you would like to be an officer get your name out there. You can nominate yourself if you wish. Elections are the second meeting in February.

The meeting in February is also PER night.

Hope to hear some new names with a desire to move the Lodge forward.

## Bartenders Needed

Dave is looking for members who are willing to bartend. The customers are amazing. Job is easy.

No experience necessary.

You will have the best boss (Dave). Someone is always willing to help you.

Give it a try. Call Dave at 518-669-0155.

# KINDERHOOK ELKS RED CROSS BLOOD DRIVE GIVE BLOOD

## GIVE LIFE



**2/15/2021**

**Time: 1p - 6p**

**Kinderhook Elks Lodge**

**2530**

Due to COVID-19  
Appointments are strongly encouraged.

Appointments are made online at:  
<https://www.redcrossblood.org/give.html/find-drive>



## Happy Birthday

To all our members born in February!  
We hope your special day will bring  
you lots of happiness, love and fun.

**Don't count the candles,  
just enjoy the glow!**

**Wishing you a day filled  
with happiness and a  
year filled with joy.**



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# Kinderhook Elks



**Fish Fry, Mac Salad & Slaw**

**\$9.00 Take Out Only**

**Add Fries for \$2.00**

**Every Friday between**

**2/19 thru 4/2**

**4:30pm - 6:30pm**

**Dinner must be ordered NO Later  
than Wednesday before.**

**Stop in the Lodge between our  
hours of operation between  
4p to 7p to purchase your dinner  
tickets in the lounge.**

**You may also call ER Anne to place  
order at 518-758-2196.**

## Did You Know???

There are many ways to get updates and important news about  
the New York State Elks Association.

Below are links to Facebook pages that are updated constantly.

NYS Elks Association [www.facebook.com/nyselksassociation](https://www.facebook.com/nyselksassociation)

Empire State Elk (5 Star state paper) <https://www.facebook.com/Empire-State-Elk-1529951337310599>

Camp Bristol [www.facebook.com/nyecampbristol](https://www.facebook.com/nyecampbristol)

Like and share these pages with friends and family.

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## Elk of the Month

As you all know by now, we like to give recognition to a member  
that gives that little extra for the benefit of the Lodge.

This month the Elk of Month has been a member for some time. He bartends, usually always has a raffle  
going, has brought in family and friends as members, works Friday night wings and things  
and the major one THE BBB!!!

He is presently working on an Elk for the front lawn.

The Elk of the Month for March is the one and only **Gordie Engle**.



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[jeff@meltzlumber.com](mailto:jeff@meltzlumber.com)



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# WILL YOU...



## FIND HER?

### 60/40 Progressive Raffle

A drawn ticket will always be a winner

Drawing Every Friday at 7pm

You do not need to be an Elks member

to play the game

Proceeds benefit our community

Tickets available each night

between 4p—7p in the lounge

or call/text Tammy at 518-704-1866

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**Did You Know?** What the colors in the U.S. Flag stand for?

WHITE: signifies purity and innocence.

RED: signifies hardiness and valor.

BLUE: vigilance, perseverance and justice.



**Did You Know?** The pledge was first published in 1892. It was reworded in 1923, and 1954. We use the 1954 version today.

**Did You Know?** To always RAISE the flag on staff briskly? To always LOWER the flag slowly and respectfully?

**RAISING OUR FLAG...** MEMORIAL DAY: Fly flag at half-staff until noon; then raise to full-staff until sunset. AS A SIGN OF MOURNING: First raise flag to full-staff, then lower to half-staff.

**LOWERING OUR FLAG...** Don't let the flag touch the ground. Fold as it comes down and before completely detaching it from halyard. From half-staff, flag should be raised to the peak before lowering.

# Kinderhook Elks

## ST. PATRICK'S DAY DINNER

**TAKE OUT ONLY**

Pre-Sale - Dinner must be ordered NO Later than March 14th.

Stop in the Lodge between our hours of operation between 4p to 7p to purchase your dinner tickets in the lounge. You may also call ER Anne to place order at 518-758-2196.

Corned beef  
Potatoes  
Cabbage  
Carrots  
Roll  
Desert

**5-7pm  
\$17.00 pp**

**March 17th**




# Kinderhook Elks



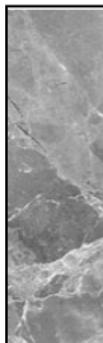
## "Chicken Pot Pie Dinner"

~ Served with Applesauce, Squash & Dessert ~

**March 27th 5p - 7p \$15.00 Take Out Only**

Pre-Sale Only - Dinner must be ordered NO Later than March 24th.

Stop in the Lodge between our hours of operation between 4p to 7p to purchase your dinner tickets in the lounge. You may also call ER Anne to place order at 518-758-2196.

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# DIY Tissue Box Monsters Contest



## Kinderhook Elks – Tissue Box Monster Contest

Make your very own tissue box monster. Let your imagination run wild. And we love that every tissue box monster can be unique!

Email a picture of your monster to Tammy McDermott at: [33Frogsinatree@gmail.com](mailto:33Frogsinatree@gmail.com)

All monsters will be posted up within our lodge and FB site. (Kinderhook Elks Lodge #2530)

Entry Deadline February 11<sup>th</sup>.

The committee will decide the winner on Sunday, February 14<sup>th</sup>.



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Christopher P. Akers



Used Clothing Drop Off Box  
In the Lodge Parking Lot



Donate your gently used clean clothing, shoes, belts, blankets, sheets, purses, etc.

We cannot accept rags, scraps, pillows or household goods.

They cost us money to properly dispose them.

Recycle your previously loved clothing to help others in need.

Bag your items in closed bags to keep them clean and dry.

# Grand Lodge News

## Scorecard makes benevolence a friendly challenge

Fall announced itself in a couple ways in the Hoop Shoot office. There was the first changed leaf and brisk morning, and, of course, the kickoff of Lodge Hoop Shoot contests. Fall's tidings also included our new virtual engagement opportunity, the Service Scorecard.

The Service Scorecard, available at [enf.elks.org/ServiceScorecard](http://enf.elks.org/ServiceScorecard), mixes the Elks spirit of volunteerism, grit, and fun, all for the chance to win prizes—like a \$100 donation to the charity of the winner's choice. While this year's Hoop Shoot season looks different, we're offering Hoop Shooters, Elks, and others an opportunity to stay engaged with their communities while remaining socially distant.

When the Scorecard launched in October, we saw participants pick up the month's theme of Off the Court and (safely) run with it. Across the

country, participants took part in active, community-based projects of all sorts. In Texas, Alexis Wong, a 8-9 year old state champ in 2020, left encouraging sidewalk chalk messages to remind her community to stay safe.

For Parker Voight, a high school junior from Missouri, service meant large community projects—like clearing out the community pool—and smaller acts of kindness such as raking leaves and doing yard work for neighbors.

The October Service Scorecard raffle winner, Sheahan Gray, served her community by writing chalk messages to first responders with her family. Her mother, Linda, said "the projects have been a great motivator for us to get more involved in community service, and we're having a nice time working on the scorecard activities as a family."

With her \$100 donation, Sheahan chose

to support the Bella Vita Foundation, a local nonprofit that raises funds for their cross-country teams and donates to Mothers Against Drunk Driving. In a heartfelt message, Sheahan gave a big thank you to all the Elks who made her donation possible.

Throughout the fall, participants showed how #HoopShootServes. As the seasons change, we look forward to new participants, new experiences, and new opportunities to serve. Whether you've been involved in the Hoop Shoot for years or have never picked up a basketball, join us in service with the Service Scorecard!



## Finish your year strong by creating momentum

**Creating Momentum for the Future of Elkdom.** This is my motto going into my year, but this can be your thoughts going out of your year. Finish the year strong—don't think to yourself that you only have two more months until you are done. Instead, think that **you have two more months to make a difference.**

Start bringing your Leading Knight or whoever will be your ER to all the events and all the meetings to help train them going into April. Don't forget, April 1 is a Thursday, and for the next week the Lodges throughout the country will be voting in the new leadership. Hopefully that doesn't mean you are stepping away. PERs are essential to the future of the Lodges.



### Message from the Grand Exalted Ruler

**PAUL R. RYAN**

Have a celebration for the Birthday of the Elks. The date of our origin is February 16th. It may be a Tuesday, but you can make it a profitable day! Celebrate our birthday and create an avenue for a fundraiser.

This is the time of year both current and future leaders of your Lodge need to come together to set the goals for the next

year. Engage Members in this process. Getting them involved can **Create Momentum for the Future of Elkdom**, and this is what we all want.

Contest 'A' — All American Lodge Contest certification forms are due in March, so get prepared to participate in this. Even if you don't think you qualify, it is worth the efforts to work toward it. I know the parameters are different this year, but the efforts are still worth it!

Stacey and I have had minimal travel throughout the country. However, in our travels we are meeting some great people who are Creating Momentum. We feel change is coming and we look forward to meeting even more people and seeing how this Momentum is helping keep Elkdom strong.

## Useful apps help with issues including stress, vaping

By WILLIAM J. BRYAN  
Assistant National Director

Although Elks range in age from 21 to triple digits, many of us who are technically challenged haven't quite mastered the cell phone. Phones can be a nuisance — such as at family gatherings, where everyone is staring at their phones and not socializing — but also beneficial. Did you know that you can use your phone to stay healthy?

There are apps to help you start and keep up healthy habits, like exercising and eating a balanced diet. Other apps are intended to assist with avoiding or quitting unhealthy habits, like smoking or using other drugs.

Here's just a sample of the health-oriented apps and online programs out there. All of these are endorsed by the Elks Drug Awareness Program, and they are all free.

### Reducing stress

Breathe2Relax—The U.S. military designed this app, which offers breathing exercises that have been shown to reduce stress and help with managing anger and anxiety.

### Stopping vaping

This Is Quitting—The Truth Initiative's text messaging program helps young people (ages 13 to 24) quit vaping. The program is tailored based on age.

### Addressing bullying

KnowBullying—This one, from the Substance Abuse and Mental Health Services Administration, has resources for parents and caregivers who want to help build their children's confidence and discuss effective strategies for facing bullying.

The next time you see someone staring at their cell phone, oblivious to their surroundings, maybe they're just seeking to reduce the stress in their life... let's hope so!



**I relabeled all of the jars in my wife's spice rack. I'm not in trouble yet....but the thyme is cumin.**

### Who's Guilty Here?

A wife is dreaming in bed, she suddenly wakes up and shouts, "quick my husband is home!" Her husband wakes up and jumps out the window!

I don't know much about birds but I can easily identify the husband in this picture



When I was a KID I wanted to be older... this CRAP is not what I expected



*If you die in an elevator, be sure to push the up button. :-)*

*Just Sayin...*

**laughter**  
is the  
**BEST**  
medicine



Now is not the right time to surround yourself with positive people.



*Waller says:*



My wife didn't order anything from Amazon yesterday so the UPS guy knocked on our door to see if we're okay.



It's scary when you start making the same noises as your coffee maker.

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## Need a New Year's resolution? We have you covered!

2021 is here, but there's still time to make a new year's resolution.

Elks Lodges bring so much more to their communities than just a building, golf course or pool. They are places where neighbors come together, families share meals, and children grow up.

Elks invest in their communities through programs that help children grow up healthy and drug-free, meet the needs of today's veterans, and improve the quality of life.

When you see our meals posted, consider ordering or you may mail in a monetary donation at:

Kinderhook Elks Lodge No. 2530

PO Box 514 2750 State Route 9H

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## Becoming a Member of Kinderhook Elks

To be eligible for membership in the Benevolent and Protective Order of Elks, you must be a citizen of the United States over the age of 21 who believes in God.

You can be sponsored by any member in good standing. You'll also need two other Elks who will be your references. The Elk who proposes you for membership will provide you with a copy of the Membership Application, or will email you a link to the online version of the form. Please follow all instructions and answer all questions. If applying via hard copy, please return your completed application to the Lodge Secretary.

Your application will be read at a regular Lodge meeting. It will then be forwarded to the Investigating Committee, who will call you and set up a time for you and your sponsor to meet with the committee so that they can interview you.

After the interview is concluded, the committee will report to the Lodge concerning your membership. The members will be given a notice not less than 10 days nor more than two months before the vote will be taken.

When the vote is concluded, you will be notified and asked to present yourself for indoctrination. During indoctrination, you will learn more about the Order's programs and charities. You will also be told the date of your initiation.

After initiation as an Elk, you can take part in all meetings and social functions of the Lodge.

If for any reason your application is rejected, you can submit a new application for membership after six months from the date of rejection.

If you have questions feel free to email us at: [jpiddock@nycap.rr.com](mailto:jpiddock@nycap.rr.com)



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# Kinderhook Elks POT ROAST DINNER

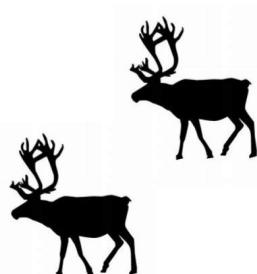
April 24th 5p - 7p \$15.00  
Take Out Only

Pot Roast  
Red Potatoes  
Gravy  
Carrots  
Sweet Sour Red Cabbage  
Dessert



Pre-Sale Only - Dinner must be ordered NO Later than April 21st.

Stop in the Lodge between our hours of operation between 4p to 7p to purchase your dinner tickets in the lounge. You may also call ER Anne to place order at 518-758-2196.



## Did you know?

Our lodge provides Grave Markers for members who passed away and were in good standing with the lodge. If one of our grave markers was lost or stolen, contact us and we will be happy to make arrangements to get you another marker for your loved one.

Contact:  
John Utley  
518-758-6481

## THE ELEVENTH HOUR TOAST

You have heard the tolling of eleven strokes. This is to remind us that with Elks the hour of eleven has a tender significance. Wherever Elks may roam, whatever their lot in life may be, when this hour falls upon the dial of night, the great heart of Elkdom swells and throbs.

It is the golden hour of recollection, the homecoming of those who wonder, the mystic roll call of those who will come no more. Living or dead Elks are never forgotten, never forsaken. Morning and noon may pass them by, the light of day sink needlessly in west. But air the shadows of midnight shall fall, the chimes of memory will be pealing forth the friendly message: to our absent members.



## Show Lodge Your Pride

We are always looking for ways to raise money to support the community. The more we raise the more we can do. Would you, or someone you know, like a lodge plate frame? Look at this beauty! 2 plate frames for \$5.00. Stop by the lodge or Contact Gordie.



## Phone Numbers

Lodge: 518 758-2530  
Office: 518 758-2538  
Emergency: 518 755-0344  
Fax: 518 758-1771 (Lodge)

## Mailing Address

Kinderhook Elks Lodge No. 2530  
PO Box 514  
2750 State Route 9H

2020 - 2021

*518 area code unless noted*

## Officers

Exalted Ruler: Anne Leiser 929-6174  
Esteemed Leading Knight: Frank Masten 755-5965  
Esteemed Loyal Knight: Tammy McDermott 704-1866  
Esteemed Lecturing Knight: Steve Everett 908-392-6318  
Esquire: John Deane 758-7051  
Chaplain: Sharon Deck 784-3482  
Inner Guard: Jeannie Engel 653-3906  
Tiler: Larry Knott 758-7618  
Treasurer: Joe Laviano, PER 758-1741  
Secretary: Jerry Shook, PSP 828-5749  
Organist: John Deane 758-7051



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the duties of the office .

## Board of Directors

Trustee – Ben Lasher (Chairman) 784-2032  
Trustee – John Sundwall Jr. 518-784-3600  
Trustee – Robin Howes 392-3578  
Trustee – Tom Miglio 392-8560  
Trustee – Chris Akers PER 858-7134  
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Esteemed Leading Knight: Frank Masten 755-5965  
Esteemed Loyal Knight: Tammy McDermott 704-1866  
Esteemed Lecturing Knight: Steve Everett 908-392-6318

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Chuck Cotsonas PER 821-2367  
John Piddock PER 758-2842 -  
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# Newsletter of the Kinderhook Elks Lodge #2530

**Newsletter Articles:** Must be submitted by the 20th of the month before the next edition;  
Email us at [editor@kinderhookelks.org](mailto:editor@kinderhookelks.org)

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