



THE LEGEND

Newsletter of the Kinderhook Elks



MARCH 2020

ER's Message

To My Kinderhook Elks Family,

As I write that, I truly mean it. You are part of my family. A family is not a blood line or a piece of paper. Family is loving someone; caring for them; listening, to be able to understand, not just to hear words, helping out because you want to, not because you have to; being there not only in the good but in the bad; stepping up when others step out; accepting who a person is; forgiving someone when they do something we don't agree with or want to accept. None of us are perfect we all have our quirks and our faults. Families may not agree with everything you do, but they love you anyway.

This is ER message number 12, hard to believe, I know it is for me. Spring is just around the corner and the Lodge is welcoming new blood into the line of officers. Isn't that exciting? We're moving forward. The officers that have served this Lodge are not leaving us, just like past officers, they will continue to help us as we move forward. I want to personally thank every officer for all they have done and continue to do for the Lodge. We couldn't do it without you. Ideas and input are wonderful things and the more ideas we have the more people we will get involved.

The District Initiation will be held at the Hudson Elks Lodge on March 14 at 3:00. We have close to 10 new members coming in. Please come out and show your support to them, and our Lodge. Sponsors please be there too, your knowledge of how initiation works, and your presence will help ease the nervousness. We've all been there and seeing all these people walk around in tuxedos may be a little intimidating. After they are initiated bring them around the Lodge, introduce them to members, sign up to work a function or two with them until they get to know people and feel comfortable being there without you. Thank you for helping the Lodge grow.

"Volunteering can be an exciting, growing, enjoyable experience. It is truly gratifying to serve a cause, practice one's ideas, work with people, solve problems, see benefits, and know one had a hand in them" Harriet Naylor

Are you involved? Wouldn't you like to be? Check out our "Volunteers Needed!" section. Get involved, get more out of your membership.

The political season is going to be starting very soon. I'll say this now and I will keep putting it in the newsletters, if we can't have a respectful conversation when we're getting together to relax, let's not talk politics. We want the Lodge to be welcoming to everyone.

Thank you to everyone for your support while moving my son to Indiana, it's greatly appreciated.

Thank you for everything you do for the Lodge and the community we serve.

ER Anne Marie Leiser

Your New 2020–2021 Officers

Congratulations members on your appointment! We would like to wish each of you every success in your new duties.

Positions:

Exalted Ruler - Anne Leiser
Esteemed Leading Knight - Larry Eleby
Esteemed Loyal Knight - Tammy McDermott
Esteemed Lecturing Knight - Steve Everett
Esquire - John Deane
Chaplain - Sharon Deck
Inner Guard - Jeannie Engel
Tiler - Larry Knott
Treasurer - Joe Laviano
Secretary - Jerry Shook
Trustee Chair - Ben Lasher
Trustee – John Sundwall
Trustee – Robin Howes
Trustee – Tom Miglio
Trustee – Chris Akers

Officer Installation is on March 29th.

Chad Shufelt needs a crew to help put this event on.

\$10.00 fee for non officers. Sign up in the lounge. To reserve your seat.

Don't Forget

Membership Dues are due on April 1st.

By now everyone should have received their notice. You can mail them in or drop them off at the lodge while you are visiting. If you have questions or concerns about your dues, please contact our lodge Secretary, Jerry Shook at sec2530@berk.com.



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Volunteers Needed!



Join us, volunteers needed. This is a the chance to give something back to the community and make a difference to the people around you.

We need a person to take on the Yard Sale this year. Please reach out to ER Anne Leiser at 518-929-6174 if you are interested.

Anyone interested in taking on the weekly emails and the upcoming events flyers? Contact Tammy McDermott at 518-704-1866.

Officer Installation is on March 29th. Chad Shufelt needs a crew to help put this event on. \$10 .00 fee for non officers. Sign up in the lounge to reserve your seat.

Ideas, suggestions for fundraising are needed. Please share your ideas, chair an event or help get your idea off the

Your Donations Help Build Stronger Communities!

Elks Lodges bring so much to their communities. They are places where neighbors come together, families and friends share meals, support/help each other and children grow up. We invest in our communities through programs that you see here in our newsletter and on our Facebook page. We help children grow up healthy, drug-free, we meet the needs of today's veterans, and help improve the quality of life just to name a few things we do.

When you donate or participate to our events, the money is put to work supporting all these programs.

Please come and join us at our events. We would love to have you spend time with us. If you wish to make a separate donation, you can mail us a check at:

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Grand Lodge News

New leaders stress communication, education

March is an exciting month in the life of every Lodge. The installation of officers must be held after March 15 and no later than April 15. This is the time for new leadership to assume responsibility for the governance of the Lodge.

A challenge that may exist is the failure to properly train new officers for their duties. Many Lodges have their practices and traditions in some respects, but there are fundamental responsibilities provided in our statutes that all officers should be familiar with. Are you holding an officer training program within the Lodge or district that gives new officers the knowledge and tools to help them do their jobs? Knowing what to do must be learned, and new officers may not know where



Message from the Grand Exalted Ruler

ROBERT L. DUITSMAN

to look to get the best information.

And please, don't forget to get your committees appointed and provide committee members with the information they will need to do their jobs. I've often thought how helpful it would be for every committee chair to be asked to attend a Lodge meeting every month or at least every quarter to give a report on the activities of the committee. It will provide

meeting attendees with updates of committee activities, and it will instill in committee chairs an understanding that the activities of their committees have value and their reports are appreciated.

All eyes are also on Lodge finances. Budget preparation should be underway, with serious thought being given to rightsizing Lodge spending plans to keep them within anticipated receipts. Too often budgets are prepared just because they have to be without serious consideration of what will be needed to maintain long term Lodge viability.

Please take your budgeting responsibilities seriously to make sure your Lodge will remain a welcoming home for your Members for many years to come.

DRUG AWARENESS PROGRAM

Marijuana, nicotine use rises as cool kids vape

By **FRANK SCARPINO**
Special Contributor

Findings from the National Institute on Drug Abuse's (NIDA) 2019 "Monitoring the Future Survey" demonstrated the appeal of vaping to teens, as seen in the increased prevalence of marijuana use and nicotine vaping.

The self-report survey is given annually to a nationally representative sample of eighth, 10th, and 12th graders who respond to questions about their drug use and attitudes. Last year, 42,531 students from 396 public and private schools in the U.S. participated in the survey, and while declines in use of prescription drugs, alcohol, and cigarette smoking were observed, vaping and marijuana use among teens increased significantly.

Vaping of marijuana, which has more than doubled in the past two years, was reported at 20.8% among 12th graders, with 10th graders not far behind at 19.4%

and eighth graders at 7.0%. Marijuana vaping among 12th graders nearly doubled in a single year to 14% from 7.5% – the second largest one-year jump ever tracked for any substance in the history of the survey. For the first time, the survey measured daily marijuana vaping, which was reported at 3.5% among 12th graders, 3.0% among 10th graders, and 0.8% among eighth graders.

Marijuana continues to be the most commonly used illicit drug by adolescents. After remaining mostly stable for many years, daily use of marijuana went up significantly since 2018 among eighth and 10th graders – now at 1.3% and 4.8% respectively. However, overall past year marijuana use rates remain steady among teens (35.7% among 12th graders; 28.8% among 10th graders; and 11.8% among eighth graders).

Rates of any illicit drug use other than marijuana remain relatively low among

12th graders; past year use was 3.6% for LSD, 3.3% for synthetic cannabinoids, 2.2% for both cocaine and MDMA (ecstasy), and 0.4% for heroin. Other drug use, including the misuse of prescription medicines and the use of alcohol as well as tobacco cigarettes, continues to decline.

"We are heartened to see the continuing decline in the use of many drugs, particularly non-medical use of prescription opioids," said NIDA Director Dr. Nora Volkow. "However, teens are clearly attracted to vaping products, which are often concentrated amounts of drugs disguised as electronic gadgets."

Hopefully, with the passage of the federal law which now makes it illegal for anyone under 21 in the United States to purchase vape products and e-cigarettes, as well as more traditional tobacco products, teen vaping rates will decline.

5 STAR WINNERS ★★★★
Connecticut Washington
Pennsylvania Louisiana
New Jersey MD-DE-DC
Florida

2019-2020 Grand Lodge State Association Website Contest

4 STAR WINNERS ★★★
Georgia Missouri
Mississippi Arkansas
Wisconsin

Submitted by Duncan Thompson Jr., Fraternal Committee

March 2020 **All breakfast and dinners have full menu options

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Berry Pancakes By Chris Akers & Crew	2	3	4 Turkey by Jerry's Crew	5	6 Turkey Club by Jerry's Crew	7
8 Elk McMuffin By Jerry Shook & Crew	9 7:30p Meeting	10	11 Chicken Parm by Chad's Crew	12	13 Fish Fry By Gordie's Crew	14
15 Waffles Steak & Eggs By ER Anne Leiser's Crew	16	17	18 Chicken Pot Pie By ER Anne Leiser's Crew	19	20 Steak By Gordie's Crew	21
22 Breakfast Burrito By Andrew & Crew	23 7:30p Meeting	24	25 Italian Buffet by Leslie & Andrews Crew	26	27 Clam Strips By Chuck's Crew	28
29 PER Breakfast	30	31				

April 2020 **All breakfast and dinners have full menu options

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Lasagna by Jerry's Crew	2	3 Open Face Meatloaf by Jerry's Crew	4
5 Easter Bunny Berry Pancakes By Chris Akers & Crew	6	7	8 Chicken Parm by Chad's Crew	9	10 Fish Fry By Gordie's Crew	11
12 Easter Bunny Elk McMuffin By Jerry Shook & Crew	13 7:30p Meeting	14	15 Tuna Noodle Casserole By ER Anne Leiser's	16	17 Steak By Gordie's Crew	18
19 Waffles Steak & Eggs By ER Anne Leiser	20	21	22 Italian Buffet by Leslie & An- drews Crew	23	24 Nacho Plate by Chucks Crew	25
26 Breakfast Burrito By Andrew & Leslies Crew	27 7:30p Meeting	28	29 Leo's Roast Beef	30		

Legendary Elk Members



Babe Ruth was initiated into New York Lodge #1 at home plate in Yankee Stadium on Feb. 13th, 1928 with over 1,000 brothers as witnesses.



Magician Harry Houdini's life membership card to the Elks was sold at auction in 2012 for \$1,800. The card states that he joined on Feb 18th, 1912. He belonged to New York Lodge #1.

Sickness & Distress

Passing of Henry Fastert & Paul Martin

Howard Ostrowski's mother Passed

Sympathy card sent to Raymond Lynch—his mother passed

Sympathy card sent to Frank Masten - his brother passed

Get well wishes sent to Matt Houser and Sandy LaCrosse

Community Baby Shower

The Lodge put on a Community Baby Shower for residents of the towns of Kinderhook & Stuyvesant for those expecting or who recently became a mother. We provided games, food and gifts. Raffle tickets at no charge, prizes included a car seat, a pack & play and baby monitor.

We also had social services (Catholic Charities, WIC, etc) and a representative from Kinderhook Memorial Library for youth programs and literacy.

Thank you to everyone who helped to make this event happen.

Lounge Hours

Mon, Tue, Thu 4p - 8p
Wed & Fri 4p - 9p
Sat & Sun 3p - 8p



Dining Room Hours

Sunday Breakfast 8a - 11a
Wednesday Dinner 5:30p - 7p
Friday Specials 6p - 7:30p

Handicapped Accessible Inside and Out

**Lodge hours may be extended according to lodge activities*



Cooking with the Elks



Randy & Linda's Stuffed Jalapenos

Ingredients:

1 pound ground pork sausage
1 (8 ounce) package cream cheese, softened
1 cup shredded Parmesan cheese
1 pound large fresh jalapeno peppers, halved lengthwise and seeded
1 (8 ounce) bottle Ranch dressing (optional)

Directions:

1. Preheat oven to 425 degrees F
2. Place sausage in a skillet over medium heat, and cook until evenly brown and chopped fine. Drain grease.
3. In a bowl, mix the sausage, cream cheese, and Parmesan cheese. Spoon about 1 tablespoon sausage mixture into each jalapeno half. Arrange stuffed halves in baking dishes.
4. Bake 20 minutes in the preheated oven, until bubbly and lightly browned. Serve with Ranch dressing.





Bartenders Corner



			1st	2nd	3rd	4th	5th
Sunday	Even Month	3p - 8p	Thom McDermott	Tom Burrall	Joel Dyslin	William Boehme	Jean Engel
	Odd Month	3p - 8p	Chuck Cotsonas	Rick LaCrosse	Sharon Deck	Sharon Deck	Gordie Engel
Monday		4p - 7p	Gordie Engel	Gordie Engel	Gordie Engel	Gordie Engel	Gordie Engel
		7p - 8p	7pm Close	Jerry Shook	John Deane	Leo Buell	Richie Fisher
Tuesday		4p - 9p			Gordie Engel		
Wednesday		4p - 7p	Gordie Engel	Gordie Engel	Gordie Engel	Gordie Engel	Gordie Engel
		7p - 9p	Danny Bopp	Jack Novak	Joe Laviano	Chuck Seymour	Dave Maslan
Thursday		4p - 8p			Leo Buell		
Friday		4p - 7p	Karen Shields	Sharon Deck - Even Months Tom Burrall - Odd Months	Thom McDermott	Rick LaCrosse	Rick LaCrosse
		7p - 9p	Jean Engel	Robin Howes	Tammy McDermott	Rick LaCrosse	Rick LaCrosse
Saturday	Even Month	3p - 8p	Doug Groat	Mike Jang	Abby Shook	Bobby Hymes	Bobby Hymes
	Odd Month	3p - 8p	Sharon Deck	Joel Dyslin	Rick LaCrosse	Larry Knott	Bobby Hymes



Don't forget we have the lovely Queen of Hearts. New weekly payouts! Each Friday we draw the lucky winner.

Interested in tending bar? Call Dave Travis a call at 518-669-0155.

Each Sunday in March we have Dave's wings and mini dogs special 3pm to 7pm.

Dave asks that everyone who still has building fund raffle ticket to return them even if you have not sold them. He would like them back before February 24th so he can draw the lucky winners during the 1st meeting in March.

Dart league is starting, come on down in Thursday nights at 7pm and try your luck.

Our lodge has started a bowling league! See the save the dates section for details.

Let us know your thoughts. We would like to change things up.



Would you like a trivia night?

Would you like a monthly Sunday Special?

Please talk to the bartender if you would like to see drink specials, food or snacks while the lodge is open.

March 29th is National Vietnam War Veterans Day is observed every year and is a way to thank and honor our nation's Vietnam veterans and their families for their service and sacrifice.

VIETNAM WAR (1959-1975)

The Vietnam War was fought between the communist forces of North Vietnam, Viet Kong, Khmer Rouge, the People's Republic of China, USSR, North Korea, and Pathet Lao, and the anticommunist forces of US, South Vietnam, South Korea, Australia, Philippines, Thailand, New Zealand, the Kingdom of Laos and the Khmer Republic. North Vietnam won, and Laos, Cambodia, and South Vietnam became communist states.

Vietnam War Statistics:

Population: 204,900,000
Service Members: 8,744,000
Casualties: 58,168 Dead, 303,635 Wounded
Financial Cost in billions (1990s): \$346.7



New Memorial Dedicated to Vietnam War Dogs and Their Handlers

Motts Military Museum in Groveport, Ohio (a suburb of Columbus, Ohio), dedicated the new Vietnam War Dog Team Memorial.

It consists of three black panels that are made of granite from the same area of India that provided the granite for the Vietnam Memorial in Washington, D.C. On the panels are inscribed the names of 4,244 dogs that served during the war and 297 names of the dog handlers plus one veterinarian and two vet technicians who died in Vietnam.

The middle panel contains the words, "The Unbreakable Bond."



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March Birthday's

Karl	Altomer	Jay	Linton
Philip	Arcuri	Sal	Martino Jr
Linda	Baker	Thomas	McDermott
Francois	Boucher	William	McGarry
Matthew	Bradley	Eugene	Mierzwa
Allyson	Brennan	John	Modleski
Jacob	Coons Jr	Peter	Mullins
William	Cooper	John	Murphy
Joel	Dyslin	John	Neary
Gordie	Engel	David	O'Neil
Dan	Farrell	Jeffrey	Race
David	Fitting	Heather	Samascott
Richard	Frick	William	Scheitinger
Ronald	Geiger	Ronald	Schneider Jr
Louis	Gerrain	Jennifer	Scott
Thomas	Gillespie	Calvin	Walch
Lewis	Hotaling	John	Waring
Lewis	Houghtaling	Diana	Yates
David	Leiser		

Don't count the candles, just enjoy the glow!

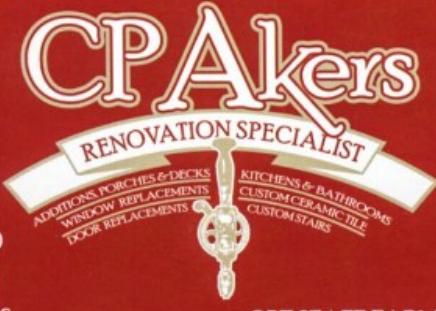
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Philip	Arcuri	Sal	Martino Jr
Linda	Baker	Thomas	McDermott
Francois	Boucher	William	McGarry
Matthew	Bradley	Eugene	Mierzwa
Allyson	Brennan	John	Modleski
Jacob	Coons Jr	Peter	Mullins
William	Cooper	John	Murphy
Joel	Dyslin	John	Neary
Gordie	Engel	David	O'Neil
Dan	Farrell	Jeffrey	Race
David	Fitting	Heather	Samascott
Richard	Frick	William	Scheitinger
Ronald	Geiger	Ronald	Schneider Jr
Louis	Gerrain	Jennifer	Scott
Thomas	Gillespie	Calvin	Walch
Lewis	Hotaling	John	Waring
Lewis	Houghtaling	Diana	Yates
David	Leiser		

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Christopher P. Akers

Veterans Committee Update

Do you have extra change in your pocket?

Please consider donating it to the veterans program. There is a collection can located under the house phone in the lounge for donations.

If you know of an event or suggestions for events, please reach out to

Tom Miglio at 518-392-8560.

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Since we have so many outstanding elks, the newsletter committee has decided to recognize an elk that has consistently gone the extra mile.

Each month we will announce a member that has gone above and beyond for the betterment of the Lodge and its members.

The Elk of the Month for March has been a member for a few years. Works a breakfast crew, a Wednesday night dinner, bartends, has brought in repeat business for the Lodge, takes care of most of the supply purchases, is currently our Inner Guard and helps out whenever he can. He is always willing to help and if you need someone to talk to, he will listen.

As an added benefit he comes with his amazing wife and partner, who you can always find doing something around here.

The Elk of the month for March is

Rick LaCrosse



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Veteran's Recognition

We would like to recognize our veteran members within our lodge. Email, text, drop off or mail a picture in your uniform along with your name for Thom and Tammy to pick up.

We will proudly display your picture in the order we received the submissions on a wall within the lounge for a month. We give time for members to guess who it is and then we will add your name to the picture.

Once your month of fame is over, we will place it in a photo album within the lodge.

Any submission or questions, please email
Thom and Tammy McDermott at:
editor@kinderhookelks.org

Last month, only the person who submitted the photo knew this one. Raymond "CHIP" Lynch.

Now, Try your luck this month. Do you know this guy?

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Friday's: 9 am - 6 pm
(Fridays only till 6pm by appointment only)



Save the Dates.....

Committee members are busy planning their events. Stay Tuned to emails and flyers in the lounge.

The District Initiation will be held at the Hudson Elks Lodge on March 14 at 3:00.



St. Patrick's Day Dinner. March 14th. Details to come. Questions, contact PER Chris Akers at 858-7134.

Easter Egg Hunt with Easter Bunny in Town Square on April 5th. Come see him for pictures and egg hunt.

Breakfast with the Easter Bunny. Sunday, April 5th and 12th.

Comedy Night - April 4th. Check out the flyers in the lounge and sign up.

Kinderhook Elks now has a bowling League!! If you want to join in on the excitement, see Tammy and Thom McDermott. \$20.00 a week. Starts April 16th ends May 21st on 6p Thursday nights. Party and prizes afterwards. Come cheer on your lodge members at East Greenbush Bowling Center.

Movie Night under the stars on June 27th. Grab a blanket and come join us for a movie under the stars. Details to come.

Whiskey and Cigars. Summer of 2020. Questions, contact Thom or Tammy McDermott. If you wish to donate for a door prize, please drop it off in the lounge. Thank you.

Is there something you would like to see happen in 2020? Let us know.

We will help make it happen.

You won't have to do it alone, there are people who will help you.

Let's talk!

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Valentines Day Dinner

Thank you all who came out for dinner and shared a delicious meal.
A huge thank you to the volunteers who made this evening beautiful.



Blood Drive

From the Kinderhook Elks family to yours, we would like to share our gratitude to our blood and platelet donors. Without your generosity to roll up a sleeve, our lifesaving work would not be possible. Thank you for your support.





NYSEA Spring 2020 Convention May 14 – 17, 2020 Villa Roma, Callicoon NY Reservation forms available online at www.nyselks.org under "Conventions"

July 5th—8th 156th Elks National Convention in Baltimore, MD

Do You Know Our District Lodges?

A = Brunswick, NY No. 2556

H = Troy, NY No. 141

F = Rensselaer, NY No. 2073

D = Kinderhook, NY No. 2530

C = Hudson, NY No. 787

B = Catskill, NY No. 1341

G = Saugerties, NY No. 2574

E = Red Hook-Rhinebeck, NY No. 2022



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• DIAGNOSTIC TROUBLESHOOTING
3465 Rt. 9
Valatie, NY 12184

PER Dinner at St. Luke's Lutheran Church

A hot meal can be the centerpiece for socializing or fill the gnawing ache of hunger for those in need. Our PER's were in action to help dish out many free meals at St. Luke's Lutheran Church on February 18th to provide both food and friendship for folks who need either.



**1304 Route 9
Castleton, NY 12033
[Www.debrino.com](http://www.debrino.com)**
**Lewis P. Houghtaling III, President
518-732-7234
518365-1223
Iphoughtaling@debrino.com**

Jet's Autobody

3592 US Rte 20
Nassau, NY 518-766-4004
2532 Route 9H
Kinderhook NY 518-758-1316
<http://www.jetsautobody.com/>
24/7 Towing

Scholarships/Essay Updates

Thanks to all the students who participated in our Essay Contest! The competition was fierce. All students wrote excellent essays. We commend them for their work and wish them great success as they move forward in their educational endeavors.

Most Valued Scholars

- Anna O'Shea
- Julia Rose
- Abigail Canuteson
- Trevor Wolfe
- Samuel Sundwall

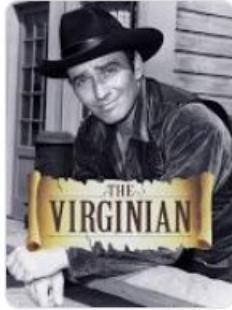
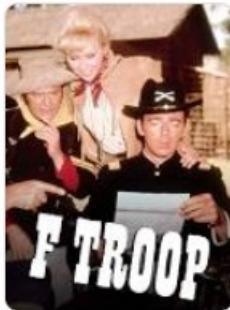
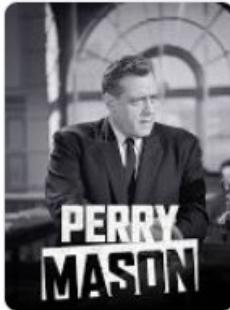
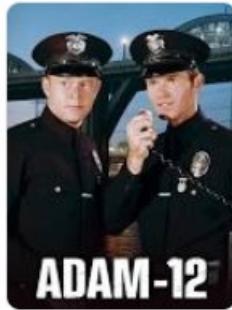
Essay Contest Applications Moved on to the District Level

- Jennifer Albrecht
- Kelly Hunter
- Addison Perry
- Liam May

NY State Scholarship

- Erin Piddock

How many of these did you watch?



Phone Numbers

Lodge: 518 758-2530
Office: 518 758-2538
Emergency: 518 755-0344
Fax: 518 758-1771 (Lodge)

Mailing Address

Kinderhook Elks Lodge No. 2530
PO Box 514
2750 State Route 9H
Kinderhook, NY 12106-0514

2019 - 2020

518 area code unless noted

Officers

Exalted Ruler: Anne Leiser 929-6174
Esteemed Leading Knight: Leo Buell PDD 758-9285
Esteemed Loyal Knight: Larry Eleby 758-1281
Esteemed Lecturing Knight: John Piddock PER 758-2842
Esquire: John Deane 758-7051
Chaplain: Sharon Deck 784-3482
Inner Guard: Rick LaCrosse 929-0299
Tiler: Larry Knott 758-7618
Treasurer: Joe Laviano, PER 758-1741
Secretary: Jerry Shook, PSP 828-5749
Organist: John Deane 758-7051

Board of Directors

Trustee – Ben Lasher (Chairman) 784-2032
Trustee – John Sundwall Jr. 518-784-3600
Trustee – Robin Howes 392-3578
Trustee – Tom Miglio 392-8560
Trustee – Chris Akers PER 858-7134
Exalted Ruler: Anne Leiser 929-6174
Esteemed Leading Knight: Leo Buell PDD 758-9285
Esteemed Loyal Knight: Larry Eleby 758-1281
Esteemed Lecturing Knight: John Piddock PER 758-2842

House Committee:

Dave Travis (Chair) 794-8427
Sharon Deck 784-3482
Chuck Cotsonas PER 821-2367
John Piddock PER 758-2842
Rick LaCrosse 929-0299

Newsletter of the Kinderhook Elks Lodge #2530

Newsletter Articles: Must be submitted by the 20th of the month before the next edition;
Email us at editor@kinderhookelks.org

The Legend is published 12 times a year by:

Kinderhook Lodge #2530, P O Box 514, Kinderhook, NY 12106

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Facebook: Find us at "Kinderhook Elks Lodge #2530".